

ACADEMIC ROADMAP

Degree: Bachelor of Science (BS) [120 units] Major: Kinesiology (KNES) Concentration/Emphasis: Recreation & Physical Activity Promotion

This information is provided as a guide; actual schedules/course offerings may vary. Students are highly encouraged to meet with department academic advisers in addition to utilizing the Titan Degree Audit (TDA) when developing a study plan.

Year	Fall			Spring		
	Area	Course	Units	Area	Course	Units
1	GE A.1 (Oral Communications)	see approved GE list	3	GE A.2 (Written Communication)	ENGL 100	3
	GE B.1 (Physical Science)	See approved GE list	3	Additional GE C.1/C.2	see approved GE list	3
	GE C.2 (Introduction to the Humanities)	see approved GE list	3	GE B.4 (Mathematics/Quantitative Reasoning)	MATH 110, 115, or 120	3-4
	GE C.1 (Introduction to the Arts)	see approved GE list	3	Major (Performance Course ¹)	KNES 100-167	1
	Major (Performance Course ¹)	KNES 100-167	1	Major (Performance Course ¹)	KNES 100-167	1
	Major (Performance Course ¹)	KNES 100-167	1	Major (Foundation)	KNES 202	3
		Total	14		Total	14-15

¹ See KNES catalog for required Performance Course categories.

Year	Fall			Spring		
	Area	Course	Units	Area	Course	Units
2	GE D.2 (American History, Institutions, and Values)	see approved GE list	3	Major (pre-requisite)	KNES 191A/BIO 210 ²	3
	GE A.3 (Critical Thinking)	see approved GE list	3	Graduation Requirement (American Government)	POSC 100	3
	GE D.1 (Introduction to Social Sciences)	see approved GE list	3	Elective		3
	Major (Performance Course ¹)	KNES 100-167	1	GE B.2 & B.3 (Life Science; Laboratory Experience)	BIOL 101 & Lab or BIOL 172	3,1
	GE C.3/Z (Explorations in Arts and Humanities)	KNES 380	3	Major (Performance Course ²)	KNES 100-167	1
	GE F (Ethnic Studies)	See approved GE list	3	Elective		3
		Total	16		Total	17

²KNES 210 may **not** be advisable for students pursuing allied health.

Major Prerequisites: 9 units Foundation: 9 units Core:18 units

Concentration Required: 12 units Electives: 9 units

Year	Fall			Spring		
	Area	Course	Units	Area	Course	Units
3	GE B.5 (Implications/Explorations in Mathematics and Natural Sciences)	see approved GE list	3	Major (Core)	KNES 348, 361, 371, or 383	3
	Major (Foundation)	KNES 360	3	Concentration (Required ³)	KNES 304	3
	Writing Intensive Upper Division	ENGL 301	3	Concentration (Elective ³)	KNES 242, 325, 351, 352, 375, 403, 406, 410, 454, 455, 457, KNES/PUBH 460, 495, 499	3
	Elective		3	GE D.3 (American Government)	KNES 381	3
	Major (Foundation)	KNES 349	3	Concentration (Elective ³)	KNES 242, 325, 351, 352, 375, 403, 406, 410, 454, 455, 457, KNES/PUBH 460, 495, 499	3
			Total	15		Total

³Concentration (Required): KNES 304, 404, 432, 495 Concentration (Elective): Complete 9 units

Year	Fall			Spring		
	Area	Course	Units	Area	Course	Units
4	GE E (Lifelong Learning & Self Development)	<i>KNES 353</i>	3	Major (Core)	KNES 361, 371, or 383	3
	Major (Core)	KNES 361, 371, or 383	3	Concentration (Elective ³)	KNES 242, 325, 351, 352, 375, 403, 406, 410, 454, 455, 457, KNES/PUBH 460, 495, 499	3
	Major (Core)	KNES 361, 371, or 383	3	Concentration (Required ³)	KNES 432	3
	Concentration (Required ³)	KNES 404	3	Elective		3
	Elective		3	Elective		3
			Total	15		Total

Important Notes

- Prerequisites should be verified in the catalog prior to registration each term.
- Courses in **BOLD** are recommended for all kinesiology majors; courses in *ITALICS* are recommended/required for the concentration.
- Meet with GE Advisors to determine sequence for completion of GE requirements.
- Meet with KNES Advisor each semester.
- Apply for graduation once you have earned 85 units.