

ACADEMIC ROADMAP

Degree: Bachelor of Science (BS) [120 units] **Major:** Kinesiology (KNES) **Concentration/Emphasis:** Gerokinesiology

This information is provided as a guide; actual schedules/course offerings may vary. Students are highly encouraged to meet with department academic advisers in addition to utilizing the Titan Degree Audit (TDA) when developing a study plan.

Year	Fall			Spring		
	Area	Course	Units	Area	Course	Units
1	GE A.1 (Oral Communications)	see approved GE list	3	GE A.3 (Critical Thinking)	See approved GE list	3
	GE A.2 (Written Communication)	ENG 100	3	Additional GE C.1/C.2	see approved GE list	3
	GE C.1 (Introduction to the Arts)	see approved GE list	3	GE B.4 ¹ (Mathematics/Quantitative Reasoning)	MATH 110, 115, or 120	3-4
	GE C.2 (Introduction to the Humanities)	see approved GE list	3	Major (Performance Course ²)	KNES 100-167	1
	Major (Performance Course ²)	KNES 100-167	1	Major (Foundation Course)	KNES 202	3
	Major (Performance Course ²)	KNES 100-167	1	Elective		3
		Total	14		Total	16-17

¹One course from GE C.4, D.1, D.4, or E must have an asterisk (*) indicating Cultural Diversity (GE Z).

²See KNES catalog for required Performance Course categories.

Year	Fall			Spring		
	Area	Course	Units	Area	Course	Units
2	GE B.1 (Physical Science)	See approved GE list	3	Major (pre-requisite)	KNES/BIO 210 ³	3
	GE D.2 (American History, Institutions, and Values)	see approved GE list	3	GE D.3 (American Government)	see approved GE list	3
	GE C.3 (Explorations in Arts or Humanities)	see approved GE list	3	GE B.2 & B.3 (Life Science; Laboratory Experience)	BIOL 101 & Lab or BIOL 172	3,1
	GE D.1 (Introduction to Social Sciences)	see approved GE list	3	Major (Performance Course ²)	KNES 100-167	1
	Major (Performance Course ²)	KNES 100-167	1	Major (Foundation Course)	KNES 202	3
	Elective		3			
		Total	16		Total	14

³KNES 210 may **not** be advisable for students pursuing allied health.

Major Prerequisites: 9 units **Foundation:** 9 units **Core:**18 units **Concentration Required:** 12 units **Electives:** 9 units

Year	Fall			Spring		
	Area	Course	Units	Area	Course	Units
3	GE B.5 ¹ (Implications and Explorations in Mathematics & the Nat Sciences)	see approved GE list	3	Major (Core)	KNES 348, 348L (1), 361, 371, 380, or 383	3-4
	Major (Foundation)	KNES 360	3	Concentration (Required)	KNES 454	3
	Writing Intensive Upper Division	ENGL 301	3	GE D.4 ¹ (Explorations in Social Science)	KNES 381	3
	Major (Core)	KNES 371, 380, or 383	3	Concentration (Required)	KNES 352	3
	Major (Foundation)	KNES 349	3	Elective		3
				Major (Performance Course)	KNES 100-167	
			Total	15		Total

Year	Fall			Spring		
	Area	Course	Units	Area	Course	Units
4	GE E ¹ (Lifelong Learning & Self Development)	KNES 342, 353, or 386	3	Major (Core)	KNES 348, 361, 371, 380, or 383	3
	Major (Core)	KNES 348, 361, 371, 380, or 383	3	Concentration (Elective)	KNES 351, 354, 364, 375, 377, 378, 432, 451, 457, 463, 470, 471, 499, HESC 440, 450, or PSYC 362	3
	Major (Core)	KNES 348, 361, 371, 380, or 383	3	Concentration (Elective)	KNES 351, 354, 364, 375, 377, 378, 432, 451, 457, 463, 470, 471, 499, HESC 440, 450, or PSYC 362	3
	Concentration (Required)	KNES 455	3	Concentration (Required)	KNES 495	3
	Concentration (Elective)	KNES 351, 354, 364, 375, 377, 378, 432, 451, 457, 463, 470, 471, 499, HESC 440, 450, or PSYC 362	3	Elective		3
			Total	15		Total

⁴Concentration (Electives): complete 9 units (three courses) from list.

Important Notes

- Prerequisites should be verified in the catalog prior to registration each term.
- Courses in **BOLD** are recommended for all kinesiology majors.
- Meet with GE Advisors to determine sequence for completion of GE requirements.
- Meet with KNES Advisor each semester.
- Students pursuing PT, OT, PA, DC, MD should meet with Health Professions Office to determine appropriate courses for some GE categories.

- Apply for graduation once you have earned 85 units.