

ACADEMIC ROADMAP

Degree: Bachelor of Science (BS) [120 units] Major: Kinesiology (KNES) Concentration/Emphasis: Recreation & Physical Activity Promotion

This information is provided as a guide; actual schedules/course offerings may vary. Students are highly encouraged to meet with department academic advisers in addition to utilizing the Titan Degree Audit (TDA) when developing a study plan.

Year	Fall			Spring		
	Area	Course	Units	Area	Course	Units
1	GE A.1 (Oral Communications)	see approved GE list	3	GE A.2 (Written Communication)	ENGL 100	3
	GE B.1 (Physical Science)	See approved GE list	3	GE C.1 (Introduction to the Arts)	see approved GE list	3
	GE C.2 (Introduction to the Humanities)	see approved GE list	3	GE B.4 (Mathematics/Quantitative Reasoning)	MATH 110, 115, or 120	3-4
	GE C.1 (Introduction to the Arts)	see approved GE list	3	Major (Performance Course ²)	KNES 100-167	1
	Major (Performance Course ²)	KNES 100-167	1	Major (Performance Course ²)	KNES 100-167	1
	Major (Performance Course ²)	KNES 100-167	1	Major (Foundation)	KNES 202	3
		Total	14		Total	14-15

¹One course from GE C.3, D.1, D.4, or E must have an asterisk (*) indicating Cultural Diversity (GE Z).

²See KNES catalog for required Performance Course categories.

Year	Fall			Spring		
	Area	Course	Units	Area	Course	Units
2	GE D.2 (American History, Institutions, and Values)	see approved GE list	3	Major (pre-requisite)	KNES 191A/BIO 210 ³	3
	GE A.3 (Critical Thinking)	see approved GE list	3	GE D.3 (American Government)	see approved GE list	3
	GE D.1 ¹ (Introduction to the Social Sciences)	see approved GE list	3	Additional GE C.1/C.2	see approved GE list	3
	Major (Performance Course ²)	KNES 100-167	1	GE B.2 & B.3 (Life Science; Laboratory Experience)	BIOL 101 & Lab or BIOL 172	3,1
	GE C.3 (Explorations in Arts or Humanities)	KNES 380	3	Major (Performance Course ²)	KNES 100-167	1
	Elective		3	Elective		3
		Total	16		Total	17

³KNES 210 may **not** be advisable for students pursuing allied health.

Major Prerequisites: 9 units **Foundation:** 9 units **Core:**18 units

Concentration Required: 12 units **Electives:** 9 units

Year	Fall			Spring			
	Area	Course	Units	Area	Course	Units	
3	GE B.5 ¹ (Implications and Explorations in Mathematics & the Nat Sciences)	see approved GE list	3	Major (Core)	KNES 348, 348L (1), 361, or 371	3-4	
	Major (Foundation)	KNES 360	3	Concentration (Required)	KNES 304	3	
	Writing Intensive Upper Division	ENGL 301 or 360	3	GE D.4 ¹ (Explorations in Social Science)	KNES 381	3	
	Major (Core)	KNES 383*	3	GE E ¹ (Lifelong Learning & Self Development) Concentration (Required)	KNES 353*	3	
	Major (Foundation)	KNES 349	3	Elective		3	
			Total	15		Total	15-16

+Prerequisite for core course in concentration (KNES 404)

Year	Fall			Spring		
	Area	Course	Units	Area	Course	Units
4	Elective		3	Elective		3
	Major (Core)	KNES 348, 361, or 371	3	Concentration (Elective ⁴)	KNES 242, 325, 351, 352, 375, 406, 410, 454, 455, 457, 460, 499	3
	Major (Core)	KNES 348, 361, or 371	3	Concentration (Elective)	KNES 242, 325, 351, 352, 375, 406, 410, 454, 455, 457, 460, 499	3
	Concentration (Required)	KNES 404	3	Concentration (Required)	KNES 495	3
	Concentration (Elective)	KNES 242, 325, 351, 352, 375, 406, 410, 454, 455, 457, 460, 499	3	Elective		3
			Total	15		Total

⁴Concentration (Electives): complete 9 units (three courses) from list.

Important Notes

- Prerequisites should be verified in the catalog prior to registration each term.
- Courses in **BOLD** are recommended for all kinesiology majors.
- Meet with GE Advisors to determine sequence for completion of GE requirements.
- Meet with KNES Concentration Advisors each semester.
- Students pursuing PT, OT, RT, PA, DC, MD should meet with Health Professions Office to determine appropriate courses for some GE categories.
- Apply for graduation once you have earned 85 units.