EMPLOYEE WELLNESS PROGRAM
Department of Kinesiology
(657) 278-4404 / Fax (657) 278-5317
http://hhd.fullerton.edu/ewp

EWP Exercise Class
Registration Form
Fall Session 2017

Name ___________________________ Date ____________________

Department / Unit ____________________________________________________________

Campus Address ______________________________________________________________

E-mail Address ________________________________________________________________

Campus Phone __________________________

Fall Session 2017: August 21 – December 15 (16 weeks)

Please select one of the following Exercise Class sections:

- Section 1  Open Exercise Session  Mon / Wed  11:45a - 1:30p
- Section 2  Women’s Exercise Session *  Mon / Wed  1:30p - 2:15p (*Intended for women only)
- Section 3  Open Exercise Session  Mon / Wed  5:00p - 6:45p
- Section 4  Open Exercise Session  Tue / Thur  11:45a - 1:30p
- Section 5  Women’s Exercise Session *  Tue / Thur  1:30p - 2:15p (*Intended for women only)
- Section 6  Open Exercise Session  Tue / Thur  5:00p - 6:45p

Open Workout Hours
- Friday  11:45a - 1:45p

Open Lap Swim
- Mon - Fri  12:00p - 1:00p

- New Member  Class Fee: $92.00 (Includes one-time-only $10.00 initiation fee)

Please include the following with your EWP Registration Form:
- Exercise Risk Assessment Form
- Informed Consent Form
- Medical Clearance Form (only if required, you will be notified)

Check for $92.00 made payable to Employee Wellness Program

- For New Members: Check here if you were “recruited” by an EWP member

Please list the name of the EWP member who “recruited” you: __________________________

- Continuing Member  Class Fee: $82.00 (Does not include Fitness Assessment)

Please include the following with your EWP Registration Form:

Check for $82.00 made payable to Employee Wellness Program

The Class Fee includes 16 weeks of class sessions and allows participants to use the Lifespan Wellness Center during Open Workout Hours and in any “open” exercise class section (where less than 30 participants are signed in). You are also free to participate in Open Lap Swimming (Monday-Friday, 12:00-1:00pm).

Please send all forms and check by campus mail to: Employee Wellness Program KHS-121