EMPLOYEE WELLNESS PROGRAM
Department of Kinesiology
(657) 278-4404 / Fax (657) 278-5317
http://hhd.fullerton.edu/ewp

EWP Yoga Class
Registration Form
Spring Full Session 2019

Name _____________________________________________ Date ______________________

Department / Unit _______________________________________________________________

Campus Address ________________________________________________________________

E-mail Address _________________________________________________________________

Campus Phone ________________________________________________________________

EWP Yoga Class: Spring 18 week Session 2018

Section 1
Class Dates: January 7 – May 15 (18 week class)
Class Day / Time: Monday / Wednesday, 12:00p – 12:50p, KHS-203

Section 2
Class Dates: January 8 – May 16 (18 week class)
Class Day / Time: Tuesday / Thursday, 12:00p – 12:50p, KHS-203

The EWP Yoga Class is a one-hour class that meets twice per week. The class is designed to instruct you on proper yoga practice to improve your strength, balance, flexibility, body awareness, focus and relaxation.

Please select one of the following sections:

☐ Section 1: Mon/Wed, 12:00p – 12:50p ☐ Standard Class Fee: $168.00
☐ Section 2: Tue/Thur, 12:00p – 12:50p ☐ Discounted Fee: * $118.00

☐ 10-Class Punch Pass: $50.00

* To receive the Discounted Fee, you must be concurrently enrolled in another EWP Exercise Class.

☐ New Yoga Class Member, please include the following with this Registration Form:
Exercise Risk Assessment Form for Yoga Class
Informed Consent Form for Yoga Class
Medical Clearance Form (only if required, you will be notified)
Check made payable to Employee Wellness Program ASC

☐ For New Members: Check here if you were “recruited” by an EWP member
Please list the name of the EWP member who “recruited” you: ______________________________________

☐ Continuing Yoga Class Member, please include the following with this Registration Form:
Check made payable to Employee Wellness Program ASC

Please send all forms and check by campus mail to: Employee Wellness Program, KHS-121 Note: A minimum class enrollment is required or the class may be cancelled.