EWP Yoga Class
Registration Form
Fall Full Session 2019

Name ____________________________ Date ____________________________

Department / Unit ____________________________________________________

Campus Address ______________________________________________________

E-mail Address ________________________________________________________

Campus Phone ________________________________________________________

EWP Yoga Class: Fall 16 week Session 2019

Section 1: Serena Lin
Class Dates: August 26 – December 18 (16 week class)
Class Day / Time: Monday / Wednesday, 12:00p – 12:50p, KHS-203

Section 2: Mercedes Minjarez
Class Dates: August 27 – December 19 (16 week class)
Class Day / Time: Tuesday / Thursday, 12:00p – 12:50p, KHS-203

The EWP Yoga Class is a one-hour class that meets twice per week. The class is designed to instruct you on proper yoga practice to improve your strength, balance, flexibility, body awareness, focus and relaxation.

Please select one of the following sections:

☐ Section 1: Mon/Wed, 12:00p – 12:50p ☐ Standard Class Fee: $ 155.00
☐ Section 2: Tue/Thur, 12:00p – 12:50p ☐ Discounted Fee: * $ 115.00

☐ 10-Class Punch Pass: $ 50.00

* To receive the Discounted Fee, you must be concurrently enrolled in another EWP Exercise Class.

☐ New Yoga Class Member, please include the following with this Registration Form:
Exercise Risk Assessment Form for Yoga Class
Informed Consent Form for Yoga Class
Medical Clearance Form (only if required, you will be notified)
Check made payable to Employee Wellness Program ASC

☐ For New Members: Check here if you were “recruited” by an EWP member
Please list the name of the EWP member who “recruited” you:
______________________________________________________________

☐ Continuing Yoga Class Member, please include the following with this Registration Form:
Check made payable to Employee Wellness Program ASC

Please send all forms and check by campus mail to: Employee Wellness Program, KHS-121 Note: A minimum class enrollment is required or the class may be cancelled.