EMPLOYEE WELLNESS PROGRAM
Department of Kinesiology
(657) 278-4404 / Fax (657) 278-5317
http://hhd.fullerton.edu/ewp

EWP Yoga Class
Registration Form
Fall Mid-Session 2018

Name ____________________________ Date ______________________

Department / Unit
______________________________________________________________

Campus Address
______________________________________________________________

E-mail Address
______________________________________________________________

Campus Phone _____________________

The **EWP Yoga Class** is a one-hour class that meets twice per week. The class is designed to instruct you on proper yoga practice to improve your strength, balance, flexibility, body awareness, focus and relaxation.

Please select one of the following sections:

- **Section 1**: Serena Lin
  - Class Dates: October 22 – December 19 (**8 week class**)
  - Class Day / Time: Monday / Wednesday, 12:00p - 1:00p, KHS-203

- **Section 2**: Mercedes Minjarez
  - Class Dates: October 21 – December 20 (**8 week class**)
  - Class Day / Time: Tuesday / Thursday, 12:00p - 1:00p, KHS-203

**10-Class Punch Pass**: Use the 10 visits any class during the Fall 2018 semester

(* To receive the Discounted Fee, you must be concurrently enrolled in another EWP Exercise Class.)

- **New Yoga Class Member**, please include the following with this Registration Form:
  - Exercise Risk Assessment Form for Yoga Class
  - Informed Consent Form for Yoga Class
  - Medical Clearance Form (only if required, you will be notified)
  - Check made payable to Employee Wellness Program ASC

- **For New Members**: Check here if you were “recruited” by an EWP member
  - Please list the name of the EWP member who “recruited” you: ________________________________________________________________

- **Continuing Yoga Class Member**, please include the following with this Registration Form:
  - Check made payable to Employee Wellness Program ASC

Please send all forms and check by campus mail to: **Employee Wellness Program, KHS-121**

Note: A minimum class enrollment is required or the class may be cancelled.