EWP Yoga Class
Registration Form
Fall Half-Session 2018

Name ___________________________ Date ________________________

Department / Unit ______________________________________________________________

Campus Address ________________________________________________________________

E-mail Address _________________________________________________________________

Campus Phone __________________________

EWP Yoga Class: Fall Half-Session 2018

Section 1
Serena Lin
Class Dates: August 27 – October 17 (8 week class)
Class Day / Time: Monday / Wednesday, 12:00p – 12:50p, KHS-203

Section 2
Mercedes Minjarez
Class Dates: August 28 – October 18 (8 week class)
Class Day / Time: Tuesday / Thursday, 12:00p – 12:50p, KHS-203

The EWP Yoga Class is a one-hour class that meets twice per week. The class is designed to instruct you on proper yoga practice to improve your strength, balance, flexibility, body awareness, focus and relaxation.

Please select one of the following sections:

☐ Section 1: Mon/Wed, 12:00p - 12:50p
☐ Standard Class Fee: $ 75.00

☐ Section 2: Tue/Thur, 12:00p - 12:50p
☐ Discounted Fee: * $ 55.00
☐ 10-Class Punch Pass: $ 50.00

☐ 10-Class Punch Pass: Use the 10 visits any class during the Fall 2018 semester

(* To receive the Discounted Fee, you must be concurrently enrolled in another EWP Exercise Class.)

☐ New Yoga Class Member, please include the following with this Registration Form:
Exercise Risk Assessment Form for Yoga Class
Informed Consent Form for Yoga Class
Medical Clearance Form (only if required, you will be notified)
Check made payable to Employee Wellness Program ASC

☐ For New Members: Check here if you were “recruited” by an EWP member
Please list the name of the EWP member who “recruited” you: ________________________________

☐ Continuing Yoga Class Member, please include the following with this Registration Form:
Check made payable to Employee Wellness Program ASC

Please send all forms and check by campus mail to: Employee Wellness Program, KHS-121
Note: A minimum class enrollment is required or the class may be cancelled.

EWP 8/14/18