EMPLOYEE WELLNESS PROGRAM
Department of Kinesiology
(657) 278-4404 / Fax (657) 278-5317
http://hhd.fullerton.edu/ewp

EWP Exercise Class
Registration Form
Spring Session 2018

Name _____________________________________________________________________ Date ______________________

Department / Unit ____________________________________________________________________________________________

Campus Address ________________________________________________________________________________________________

E-mail Address ________________________________________________________________________________________________

Campus Phone ____________________________

Spring Session 2018: January 22 – May 18 (16 weeks)

Please select one of the following Exercise Class sections:

- Section 1 Open Exercise Session Mon / Wed 11:45a - 1:30p
- Section 2 Women’s Exercise Session * Mon / Wed 1:30p - 2:15p (* Intended for women only)
- Section 3 Open Exercise Session Mon / Wed 5:00p - 6:45p
- Section 4 Open Exercise Session Tue / Thur 11:45a - 1:30p
- Section 5 Women’s Exercise Session * Tue / Thur 1:30p - 2:15p (* Intended for women only)
- Section 6 Open Exercise Session Tue / Thur 5:00p - 6:45p

Open Workout Hours Friday 11:45a - 1:45p

Open Lap Swim Mon - Fri 12:00p - 1:00p

- New Member Class Fee: $92.00 (Includes one-time-only $10.00 initiation fee)
  Please include the following with your EWP Registration Form:
  - Exercise Risk Assessment Form
  - Informed Consent Form
  - Medical Clearance Form (only if required, you will be notified)
  - Check for $92.00 made payable to Employee Wellness Program

- For New Members: Check here if you were “recruited” by an EWP member
  Please list the name of the EWP member who “recruited” you:

- Continuing Member Class Fee: $82.00 (Does not include Fitness Assessment)
  Please include the following with your EWP Registration Form:
  - Check for $82.00 made payable to Employee Wellness Program

  The Class Fee includes 16 weeks of class sessions and allows participants to use the Lifespan Wellness Center during Open Workout Hours and in any “open” exercise class section. You are also free to participate in Open Lap Swimming (Monday-Friday, 12:00-1:00pm).