EMPLOYEE WELLNESS PROGRAM
Department of Kinesiology
(657) 278-4404
http://hhd.fullerton.edu/ewp

EWP Exercise Class
Registration Form
Fall Mid-Session 2018

Name ___________________________________________ Date ________________________
Department / Unit ____________________________________________________________
Campus Address ______________________________________________________________
E-mail Address _________________________________________________________________
Campus Phone ______________________________

Fall Session 2018: October 22 – December 21 (8 weeks)

Please select one of the following Exercise Class sections:

- Section 1 Open Exercise Session Mon - Thur 11:45a – 2:15p
- Section 2 Open Exercise Session Mon - Thur 5:00p - 6:45p
  Open Workout Hours Friday 11:45a - 1:45p
  Open Lap Swim Mon - Fri 12:00p - 1:00p

- New Member Class Fee: $60.00 (Includes one-time-only $10.00 initiation fee)
  Exercise Risk Assessment Form and Informed Consent Form
  Medical Clearance Form (only if required, you will be notified)
  Check for $60.00 made payable to Employee Wellness Program ASC

- For New Members: Check here if you were “recruited” by an EWP member
  Please list the name of the EWP member who “recruited” you:

- Continuing Member Class Fee: $50.00 (Does not include Fitness Assessment)
  Please include the following with your EWP Registration Form:
  Check for $50.00 made payable to Employee Wellness Program ASC
  The Class Fee includes 16 weeks of class sessions and allows participants to use the Lifespan Wellness Center during Open Workout Hours and in any “open” exercise class section (where less than 30 participants are signed in). You are also free to participate in Open Lap Swimming (Monday-Friday, 12:00-1:00pm).

Please send all forms and check by campus mail to: Employee Wellness Program KHS-121