

# Andrea Gonzalez

College of Health and Human Development | STUDENT SPOTLIGHT

## How has the College of Health and Human Development prepared you for your future?

CHHD has allowed me to explore my options as an undeclared student. I was very confused as to what exactly I wanted to major in, but CHHD provided me with great advisors and resources that helped me narrow down my options.

## What are some challenges you have faced and how did you overcome them?

Failing a midterm during my first semester at CSUF. I went home and cried my eyes out. But I realized that the only way I could do better in the class was to go to office hours, ask for help, and to study harder. It was through hard work and the resources offered at CSUF that helped me pass that course and never fail another.

## What are some tips you have for students at CSUF?

Get involved! Getting involved is what really gets you that “college experience” and it will provide you with memories and friends that you will never forget.

## TITAN PRIDE

Andrea is a second year undeclared student who is planning to declare her major as **Kinesiology**. She hopes to earn a B.S. in Kinesiology and attend Medical School after graduating. Andrea is part of the Student Health Professions Association, Spanish for Health Services, and Flying Samaritans. She also served as an Orientation Leader in the summer of 2015 and is a current Student Coordinator for Orientation Programs for the summer of 2016 as well as a Titan Delegate. These involvements have started to prepare her for her future as well as help her to



become a more diverse individual. Through these clubs and involvements, she is able to work with different types of communities and she has become more aware of communities outside of her own.



## What are some benefits you have had through being involved?

I got to know my campus a lot better. I have also develop professional skills, made great friends, have become more vocal.

“The pain you have been feeling cannot compare to the joy that is coming ”

~Romans 8:18

HEALTH AND HUMAN DEVELOPMENT STUDENTS REACH HIGHER!