



INTERESTED IN A KINESIOLOGY DEGREE?

CHECK OUT THESE CAREER OPTIONS!

Clinical Exercise Science

Physical Therapy, Physician Assistant, Occupational Therapy, Chiropractor

Fitness & Health Promotion

*Corporate Wellness Coordinator, Fitness Instructor, Personal Trainer,
Strength & Conditioning Coach*

Sport Studies

*Coaching, Performance Enhancement (sport psychology), Fitness Instructor, Recreational
Settings*

Gerokinesiology

Older adult fitness instructor

Athletic Training

Certified Athletic Trainer

Teacher Education

Physical Education Instructor

Degree Overview

51 units (plus 9 units of pre-requisites)

Six Focus Area Options:

*Clinical Exercise Science, Fitness & Health Promotion, Sport Studies, Gerokinesiology,
Teacher Education, Special Studies*

Internships available and encouraged! (120 hours for 3 units of credit in the major)
Internship examples include: Physical Therapy Settings, Allied Health Profession Settings,
Coaching, Youth Sports, Corporate Wellness Settings, Strength & Conditioning Settings

For More Information Contact:

Kinesiology Advisement Center- KHS 161B (657) 278-4757

<http://hhd/fullerton.edu/knes>

A kinesiology major is typically a person with an interest in the body and how it functions, and a desire to help people improve movement skills, fitness, rehabilitate and/or enhance their sports performance. With a degree in kinesiology, you will learn how motor skills are acquired and improved, how the body responds to exercise, and how human movement is connected to the needs and enjoyment of the individual, community and society.