

APPLY FOR A SCHOLARSHIP!

Welcome to the eighteenth Issue of the CHHD Student Newsletter. Our purpose for this Newsletter is to connect you—our students—to the College.

This issue has news and updates about the college as well as important dates and reminders of upcoming events.

Please contact Asst. Dean Lewis (see pg 2 for contact info) to send your news items.

**Articles written by:
Lindsey Ellsworth**

Spring semester has just begun and once again students are immediately bombarded with numerous college-related expenses: educational fees, books, parking permits, etc. Some of you may have worked a few extra shifts over the break, picked up a second job, or even applied for a new credit card just to stay on top of what seems like a never-ending cycle of bills. But before you reach any deeper into your pockets, or sell your soul to the credit market, why not apply for a scholarship?

I know, I know, we hear it all the time, but how many of you actually do it? I myself have made the excuses, “I don’t have time,” or “I don’t know where to find them,” and hundreds of other weak reasons. But in the midst of the current economy, none of us can afford to miss out on an opportunity for free money. In fact, finding and applying for scholarships can be an easy and effective way to ease the financial burden of a higher education. Plus it looks good on your résumé!

First things first, where can you find scholarships? Currently Cal State Fullerton allocates approximately two million dollars each school year toward scholarship awards. Through the Financial Aid Office (UH 146) and website (<http://www.fullerton.edu/financialaid/index.htm>) as well as ASI’s website (<http://asi.fullerton.edu/>) you can find numerous scholarships. There are scholarships available for both undergraduates as well as graduates and first-time freshman. ASI and the university offer scholarships ranging by college and major to adult re-entry students and athletes, and even scholarships created specifically to finance just the cost of textbooks. If you take the time to visit either place, as well as the College website (<http://hhd.fullerton.edu/Main/students/current.htm>), you’re bound to find a scholarship for you.

If that isn’t easy enough, there are many website databases that will do the scholarship search for you. My personal favorite is Fastweb.com. Through this site, you can create an online profile by entering your email address, personal information, and filling out a questionnaire. Once completed, the database uses your information to compile a list of scholarships for which you are qualified with links to the scholarships’ official location and email reminders for the deadlines.

So once you find a scholarship, either from the university, ASI, or an outside source such as Fastweb.com, what should you expect? Depending on the scholarship, you may have to fill out an application, write a personal statement or answer a few essay questions (usually less than two pages typed), submit letters of reference and official transcripts, complete the FAFSA application or some other proof of income form, and occasionally have an interview. Regardless of the requirements, it is imperative that you carefully read and follow the directions and submit your application on time!

Also found on the College website (<http://hhd.fullerton.edu/Main/students/current.htm>), is the CSUF scholarship application form. Since it is a .pdf document, copy and paste it into a new word processing document so that you can easily edit the form. To do so, from Internet Explorer, click on ‘Edit’, ‘Select All’, and then open Word and click on ‘Paste’.

Now that you know where to locate scholarships and what to expect, what’s stopping you? Yes, it does take a little effort to complete, but you can earn anywhere from \$100-\$10,000 with the time used to submit an application for a scholarship. Think of how many hours you can save by applying for scholarships instead of working a second or third job and, you don’t have to pay scholarships back like you would a loan or credit card!

College of Health and Human Development

**Dean's Office - EC-606
714 . 278 . 3311**

Dean

Dr. Roberta Rikli
rrikli@fullerton.edu

Associate Dean

Dr. Kathy Koser
kkoser@fullerton.edu

Assistant Dean

Dr. Lea Beth Lewis
lblewis@fullerton.edu

Departments

Child and Adolescent Studies

Dr. Kari Knutson-Miller, Chair
EC-532
714 . 278 . 7511

Counseling

Dr. Leah Brew, Chair
EC-444
714 . 278 . 2708

Health Science

Dr. Shari McMahan, Chair
KHS-121B
714 . 278 . 7000

Human Services

Dr. Mikel Hogan, Chair
EC-478
714 . 278 . 3309

Kinesiology

Dr. Steve Walk, Chair
KHS-121D
714 . 278 . 4763

Military Science (ROTC)

Lt. C. Jonathan Nepute, Chair
E-307
714 . 278 . 5768

Nursing

Dr. Cindy Greenberg, Chair
EC-194D
714 . 278 . 3245

Social Work

Dr. David Cherin, Chair
EC-207K
714 . 278 . 8481

InterClub Council Health Expo

Here we are into the second month of 2009 and many of us have long forgotten our New Year's Resolutions. With losing weight and getting healthier at the top of many 'to do' lists, a glimmer of hope remains in keeping and reclaiming those forgotten goals. For the third year in a row, the InterClub Council will host a two day Health Expo at Cal State Fullerton in the New Student Recreation Center taking place March 24 and 26, 2009.

The first day of the event, March 24, will include a symposium regarding information conducive to maintaining proper health. From 10 AM-1 PM, the Expo will feature health research conducted from the college and other organizations. This is an opportunity to gain information on health from experts within the field.

The second portion of this highly-anticipated event will be on March 26th from 11 AM-1 PM in the Student Recreation Center as well. All Health and Human Development clubs and organizations will have information booths providing information on their majors as well as fun activities. Also, this day will incorporate much more physical activity and opportunities to become involved.

For some action-packed fun on the 26th, there will be various forms of entertainment, including a live DJ and performances by

CSUF's dance and hip hop teams. Also, attendees will be able to participate in fun exercise by testing their strength and skills by climbing the Recreation Center's rock wall.

Last, but certainly not least, guests will be able to participate in the main event. By strategically placing a bet for the winner of an exciting rock-wall climbing competition between Tuffy the Titan and ASI President Curtis Schlaufman, guests can earn a chance to participate in an opportunity drawing. Prizes for the drawing will reflect the event's chosen theme, "Health."*

Everyone is welcome to join in the fun and make a commitment to health!

* Winner must be present



Pictured Above: Event Location, New Student Rec. Center Photo courtesy of Linda Lee, KHS 121

NOTE THIS! DATES AND REMINDERS

Feb. 4- 5- Discoverfest- CSUF's campus resources, clubs, and organizations will be promoted in the Central Quad for inquiring students from 11 AM-1:30 PM

Feb. 9- Registration Deadlines- Last day of registration with a \$25 late fee, to add most classes with a registration permit, to drop classes without a grade of "W," declare audit and grade option changes, and for refund if status is reduced from full-time to part-time.

Feb. 16 - President's Day — Campus Closed

Feb. 23- Grade Appeal Deadline- Deadline to meet with faculty member to discuss grade appeal for Fall 2008 classes.

Feb 28-Front and Center with Reba McEntire 8 pm Honda Center Parking is \$15.00 Free student tickets are available from the VP Student Affairs office and may be picked up in LH 805 beginning Monday, January 26, 2009, 9:00 a.m. – 5:00 p.m. each business day. Distribution is on a first come, first served basis. **THERE WILL BE ASSIGNED SEATING!** Students with a Titan Card may receive up to two free tickets. Tickets are not eligible for resale.

<http://hhd.fullerton.edu/>